1st Reva District Rainbows for girls age 5 to 7 years



We have fun!

Rainbows is all about developing self-confidence, building friendships, learning new things and having fun. Girls get their hands dirty with arts and crafts, trying out cooking and playing games.

Rainbow meetings provide challenging opportunities for Rainbows to think for themselves and take an active part in unit decision-making. Rainbows have adventures and explore. They take part in outdoor activities and learn about the environment. Rainbows is all about learning by doing.

Rainbows follow a programme called the Rainbow Jigsaw, through which they can take part in lots of different activities with girls their own age.

1st Reva Rainbows like to play games and make things.

Rainbows have their own website with games and fun.

A Rainbow chooses her outfit from a range of Rainbow wear.

Remember our waiting list is very long so don't wait until your daughter is five to register her interest.

1st Reva Rainbows would welcome volunteers who want to get involved running activities and games for Rainbows.

To volunteer or just to find out more please visit www.girlguiding.org.uk/interested or call 0800 1 69 59 01